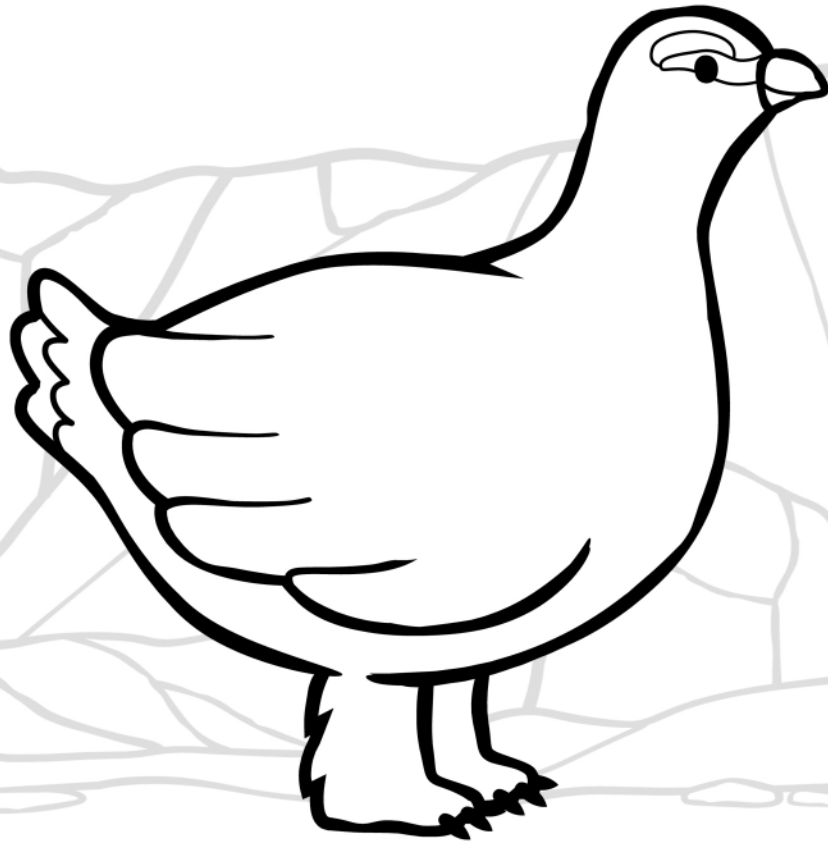


Rr



Rock Ptarmigans are part of the grouse family.



Rock Ptarmigan



Rock Ptarmigans are a sedentary species.



Rock Ptarmigans eat mostly plant buds, flowers, small twigs, berries, and seeds.